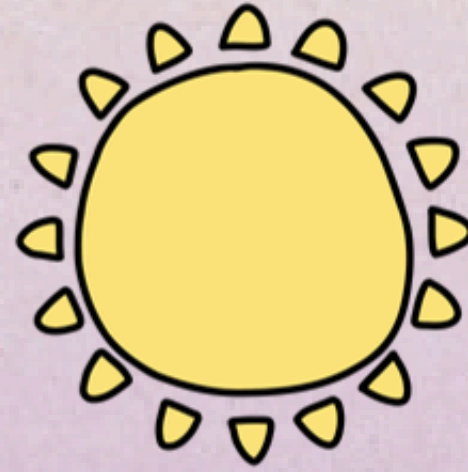


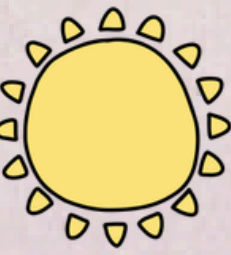


What *is* TGM?

Parent introduction

Jen Foster

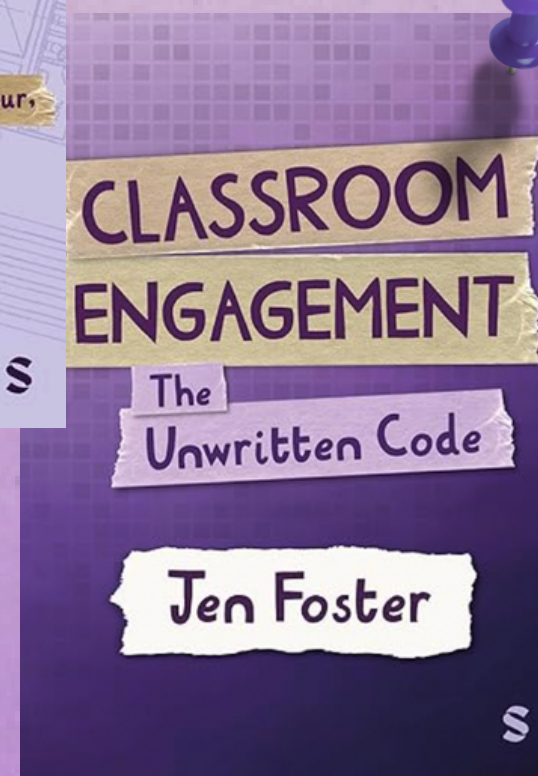
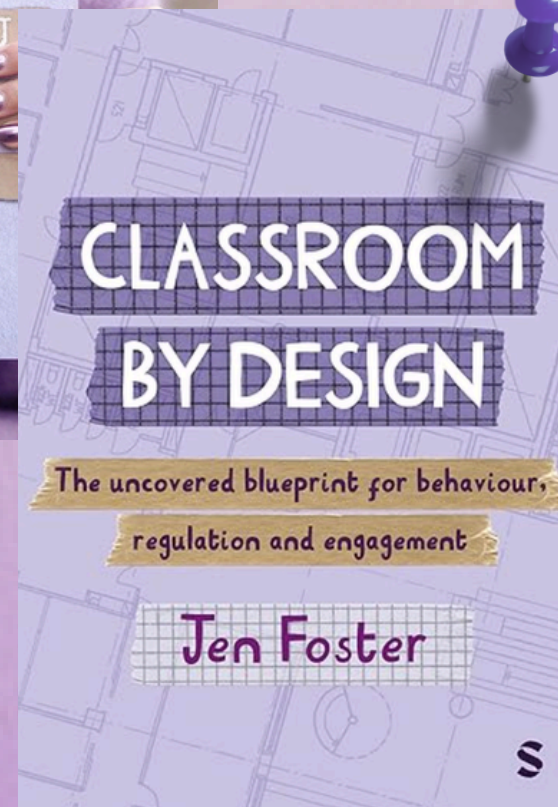
Founder of TGMC



Educator for 12 years
From YR - Y6
In Leadership for 10 years



3 x best selling author



5 Star Podcast



Behaviour Besties

International trainer



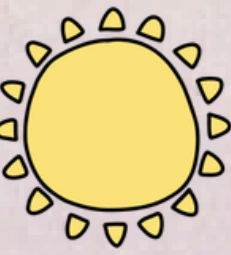
What we work to support

- 1 in 5 children are experiencing mental health difficulties
- 15-20% of children are Neurodivergent
- We are facing the highest % of persistent absence (20% of pupils)
- We are at an all time high for permanent exclusions and suspensions in the UK
- There is a significant challenge in teacher retention
- 21% rise in homeschooling

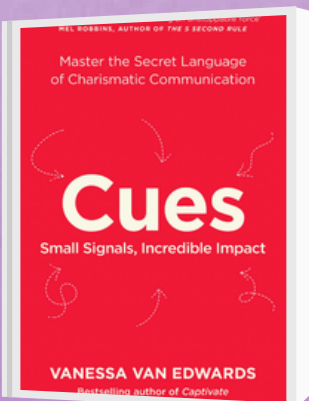
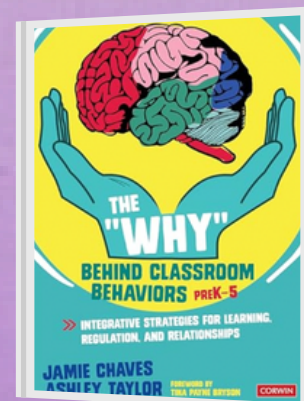
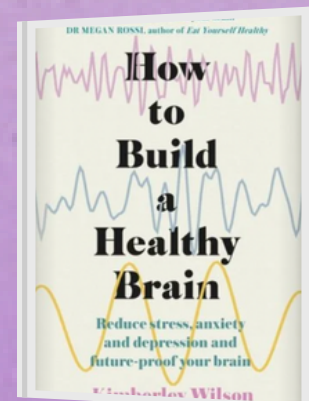
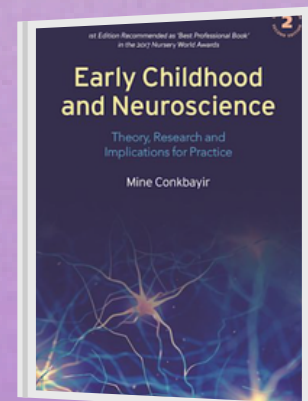
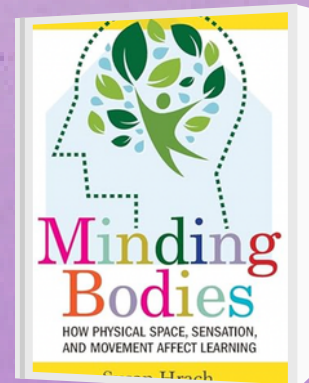
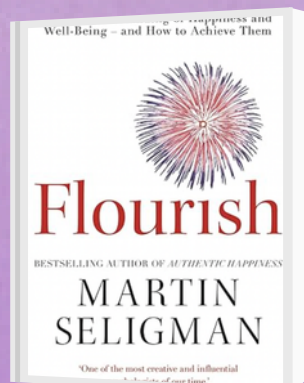
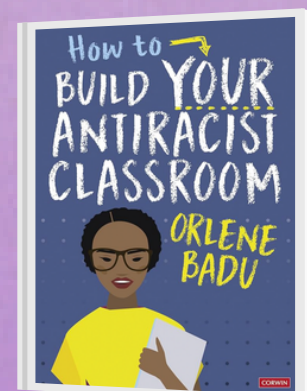
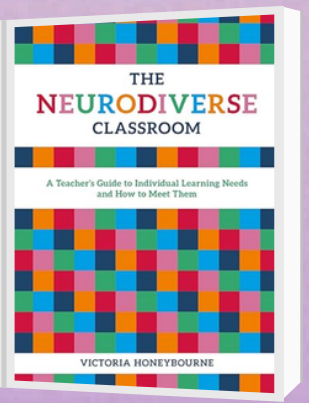
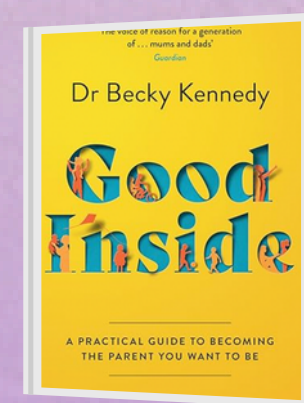
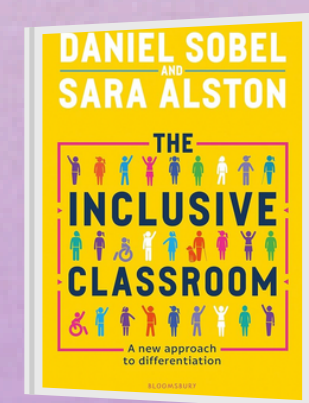
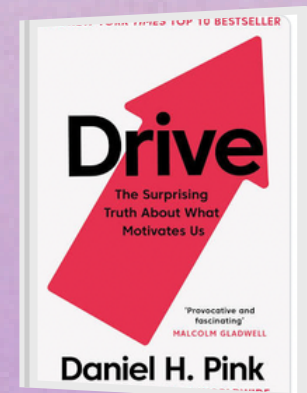
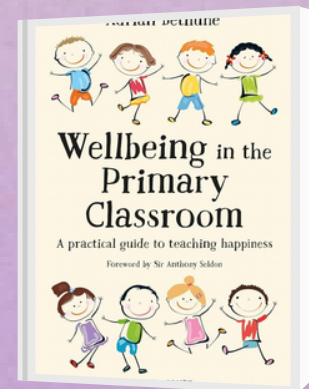
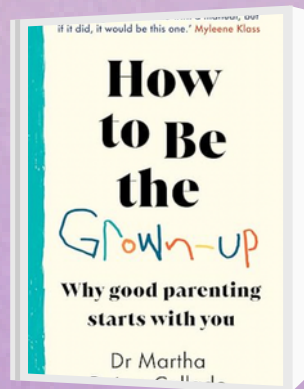
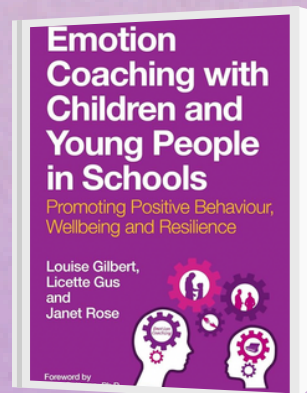
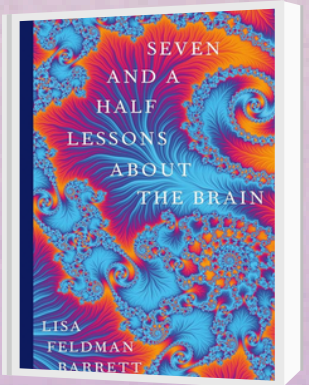
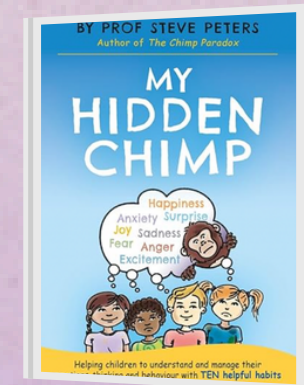
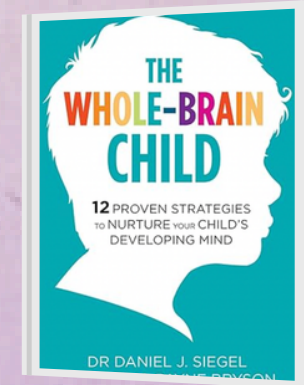
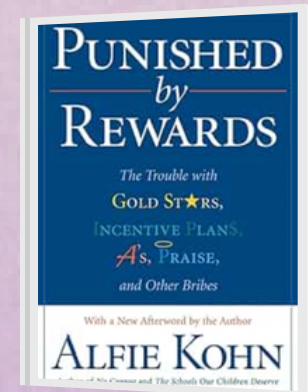
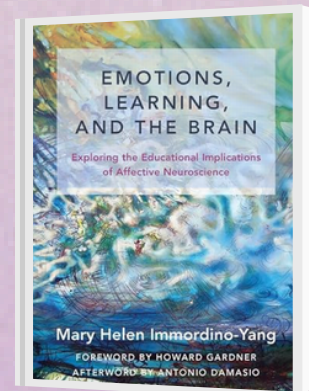
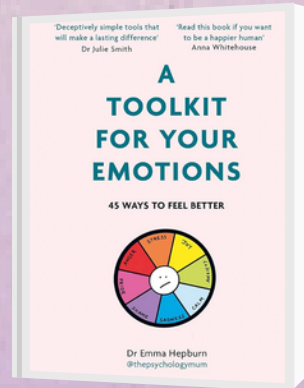
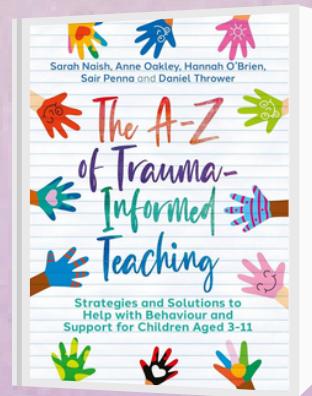
Do the best you can until
you know better.
Then when you know better,
do better.

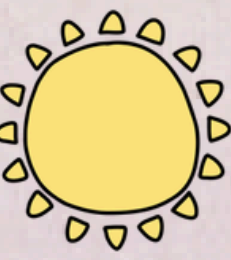
-Maya Angelou





The approach is always based in research, never hearsay!



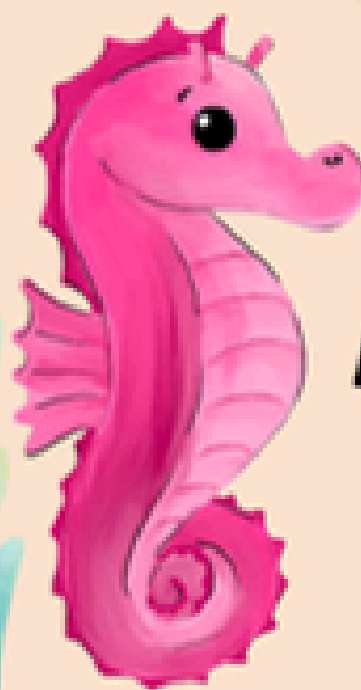


Meet our Brain's Animals

Our Octopus =
Prefrontal Cortex

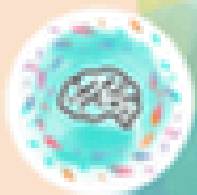
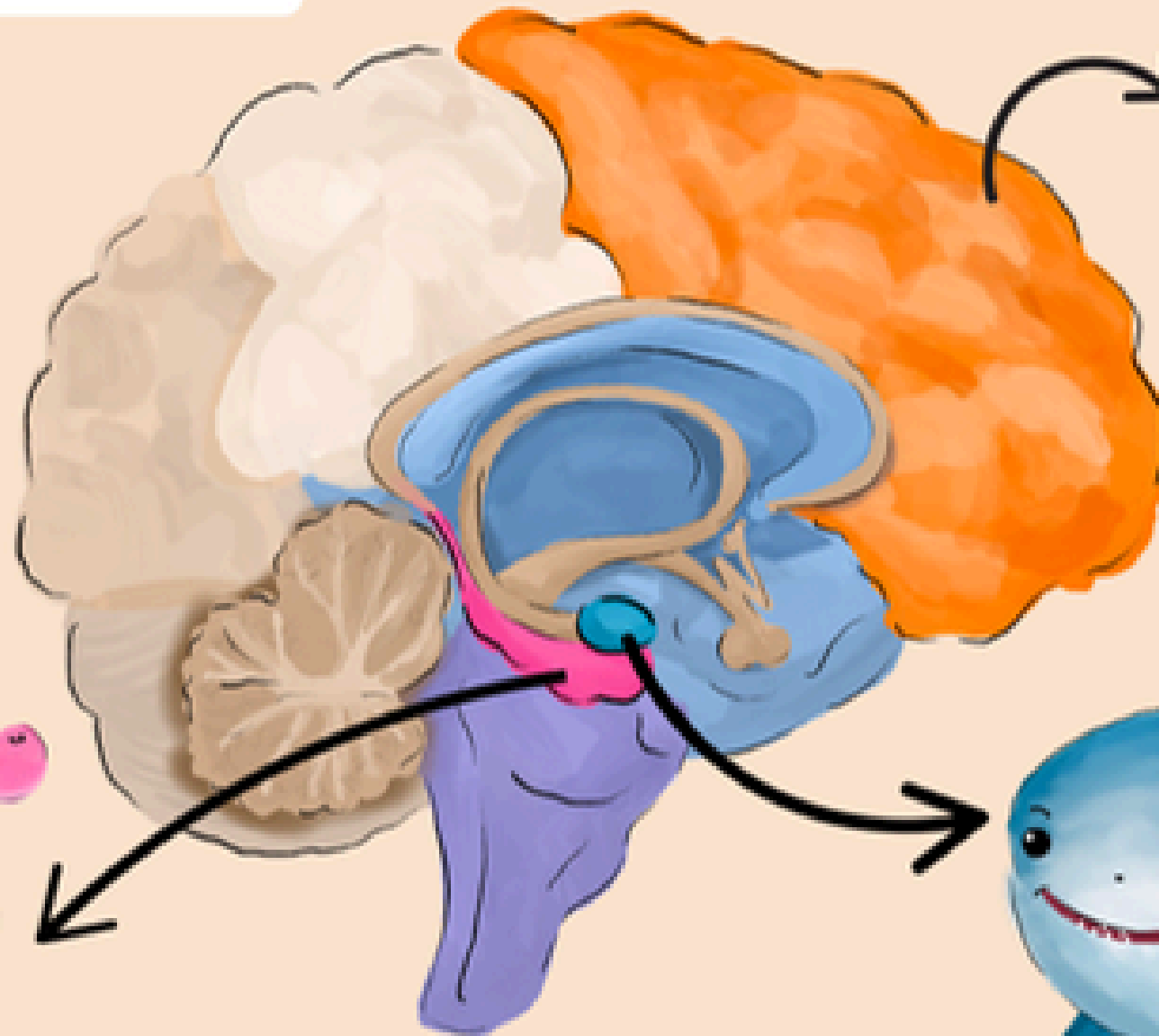


Our Seahorse =
Hippocampus

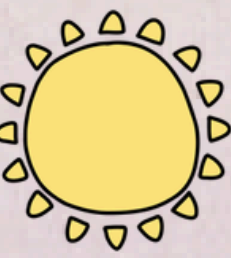


Our Shark = **Amygdala**

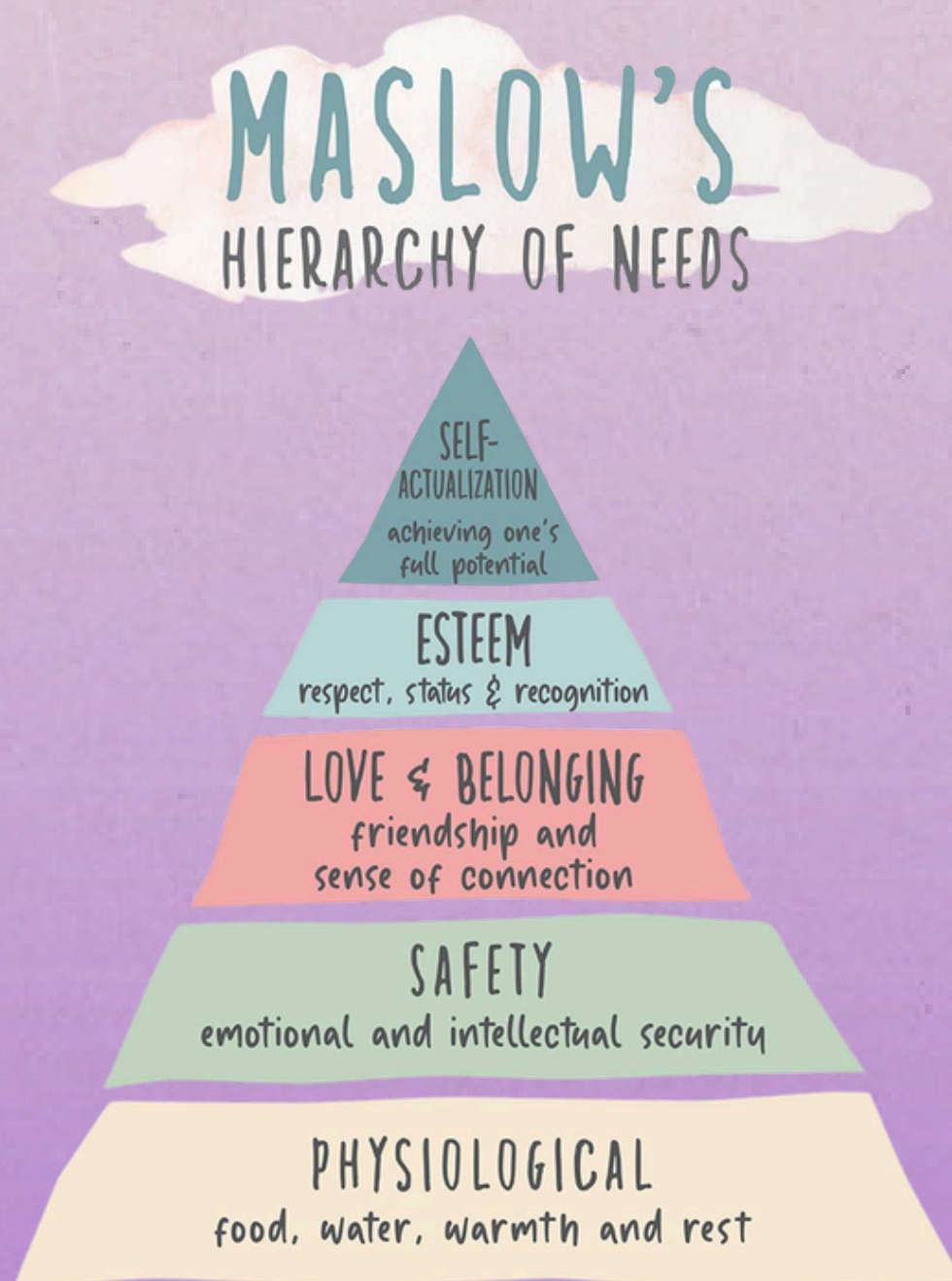
(Our Alarm System) 🚨



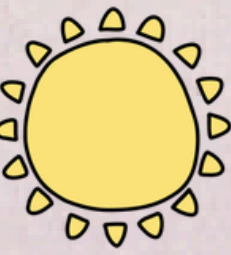
Why can't they JUST behave?!



A child does not choose their behaviour. They are tiny humans with BIG emotions. Behaviour is a communication of an unmet need - sometimes it can be really tricky to figure out what it is, but it will always be about an unmet need/ overwhelming feeling



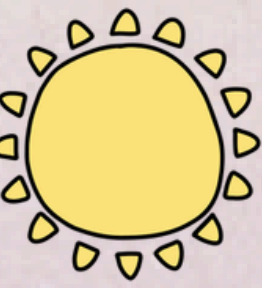
This is
dysregulation!



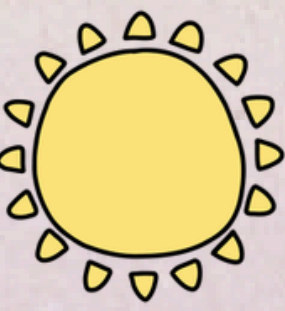
When our children present with the temper tantrums and shout, scream, hit and kick - when we feel like the whole world is watching, it is very easy for us to become dysregulated - because we feel unsafe, our self-esteem takes a battering and let's be honest, we feel like we are stuck and backed into a corner. We then try to take control - but we are not ready to if we are not regulated.



You might think it's this...



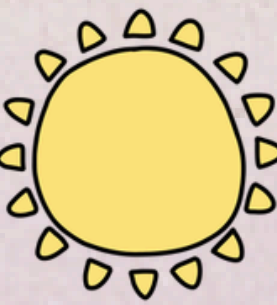
Pssst - it is not this!



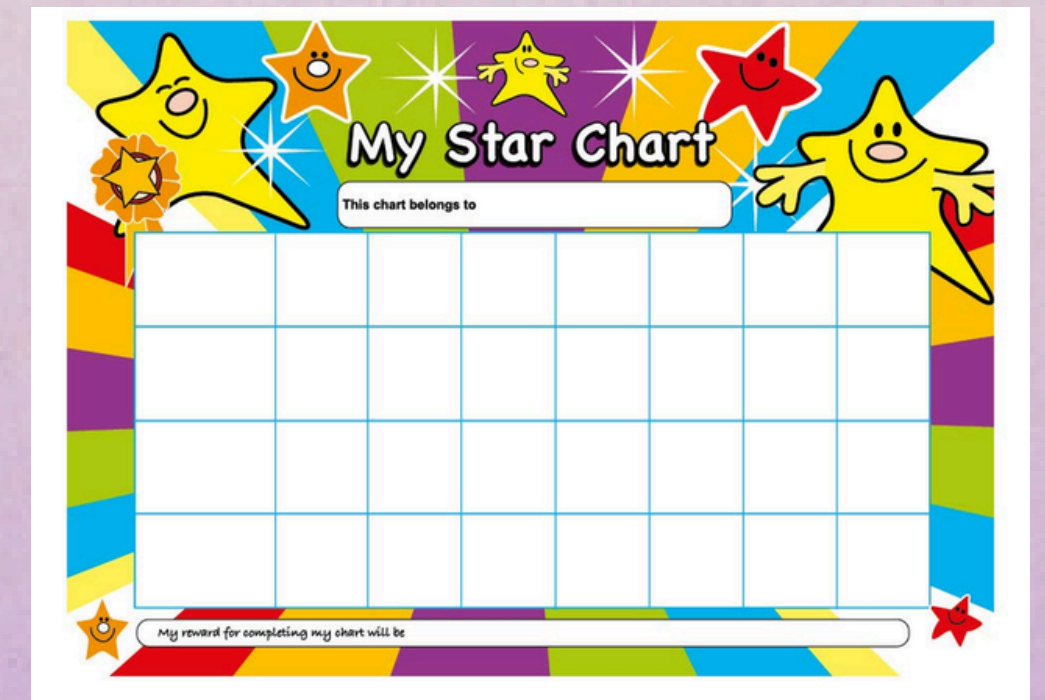
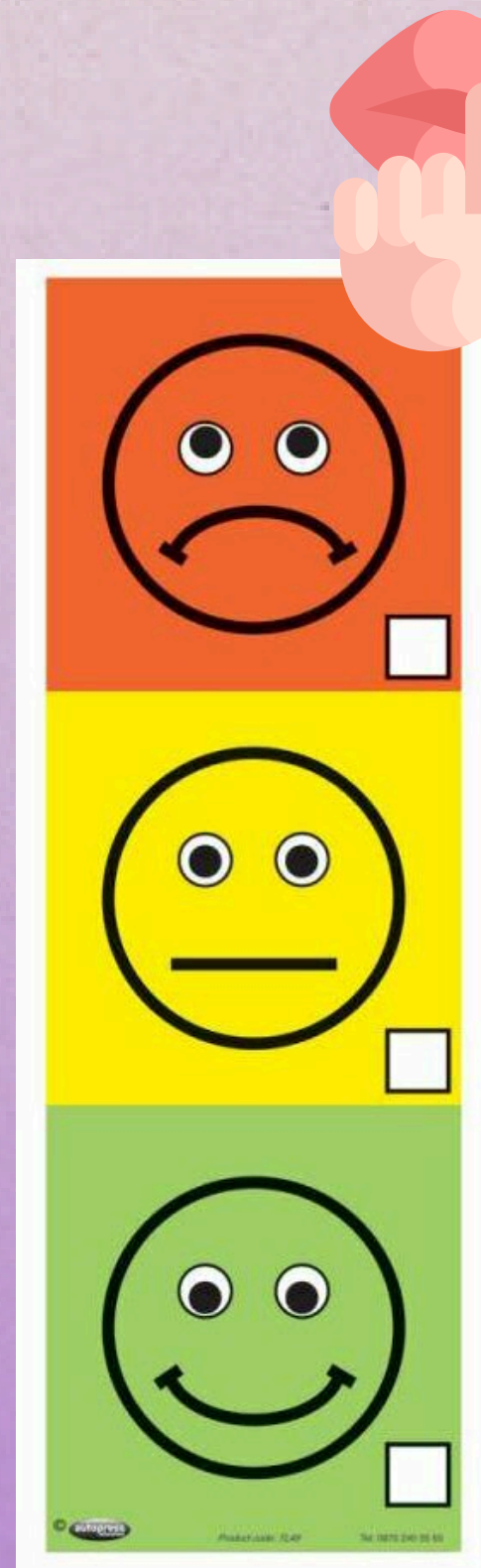
TGMC in 5 lines...

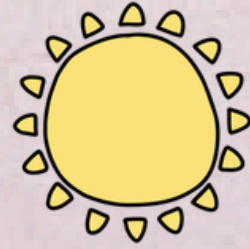
- Curious not Furious
- Regulate to Educate
- Connection over Correction
- Connect the Dots
- Theorise and then Systemise

The problem was...

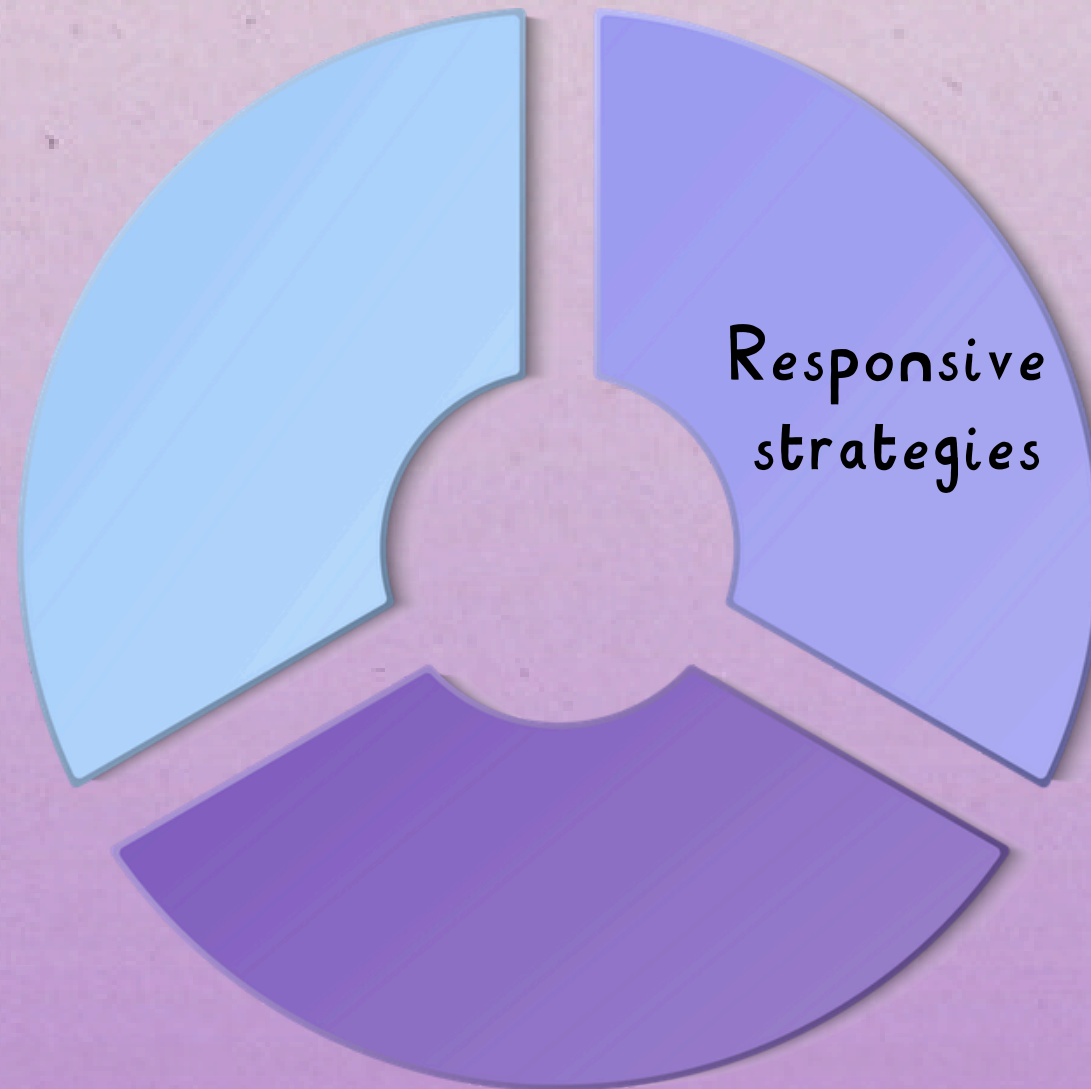


What we are taught about behaviour doesn't work



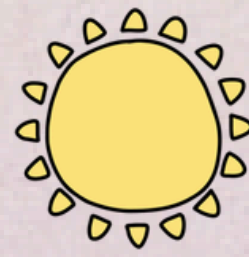


What it looks like in many schools..

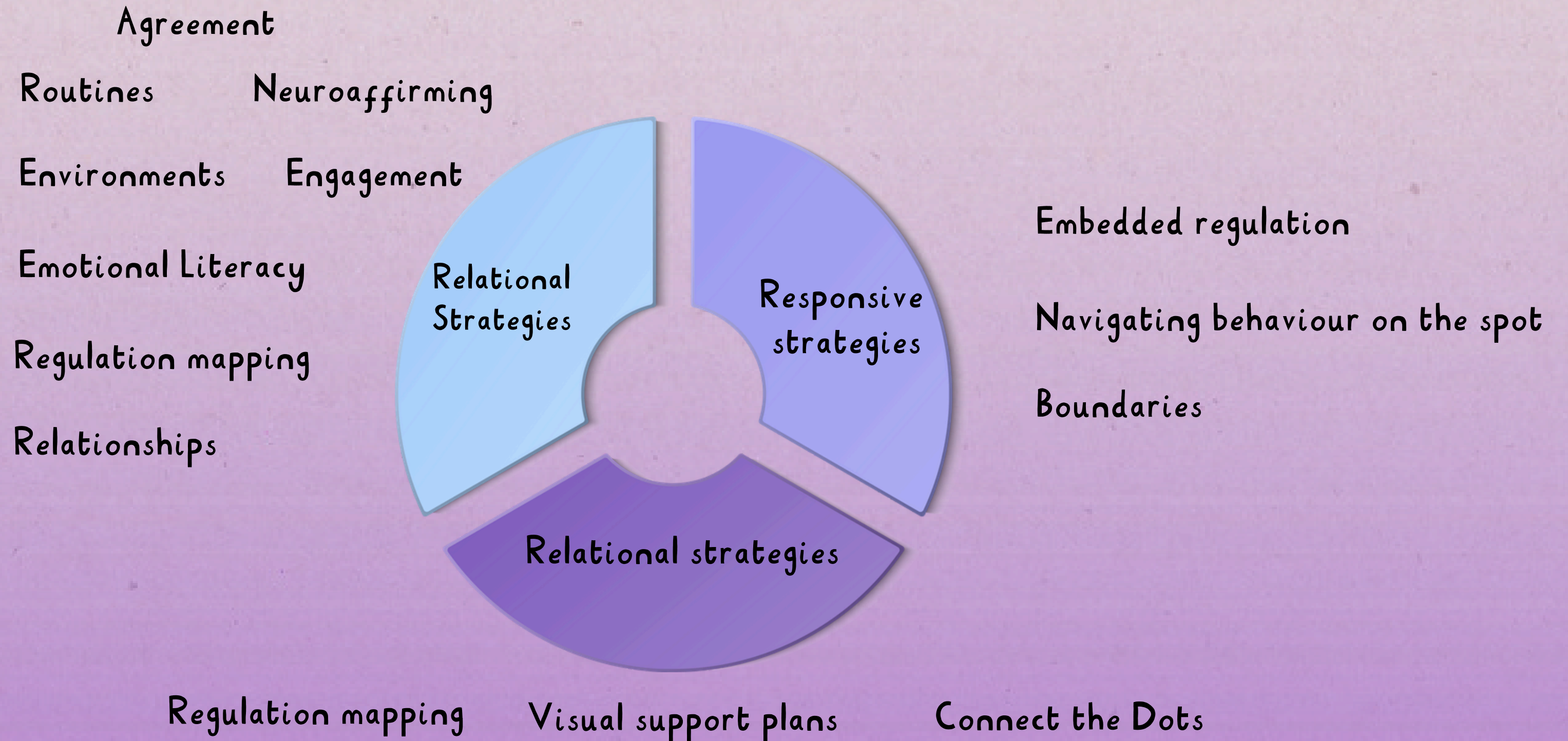


Responsive
strategies

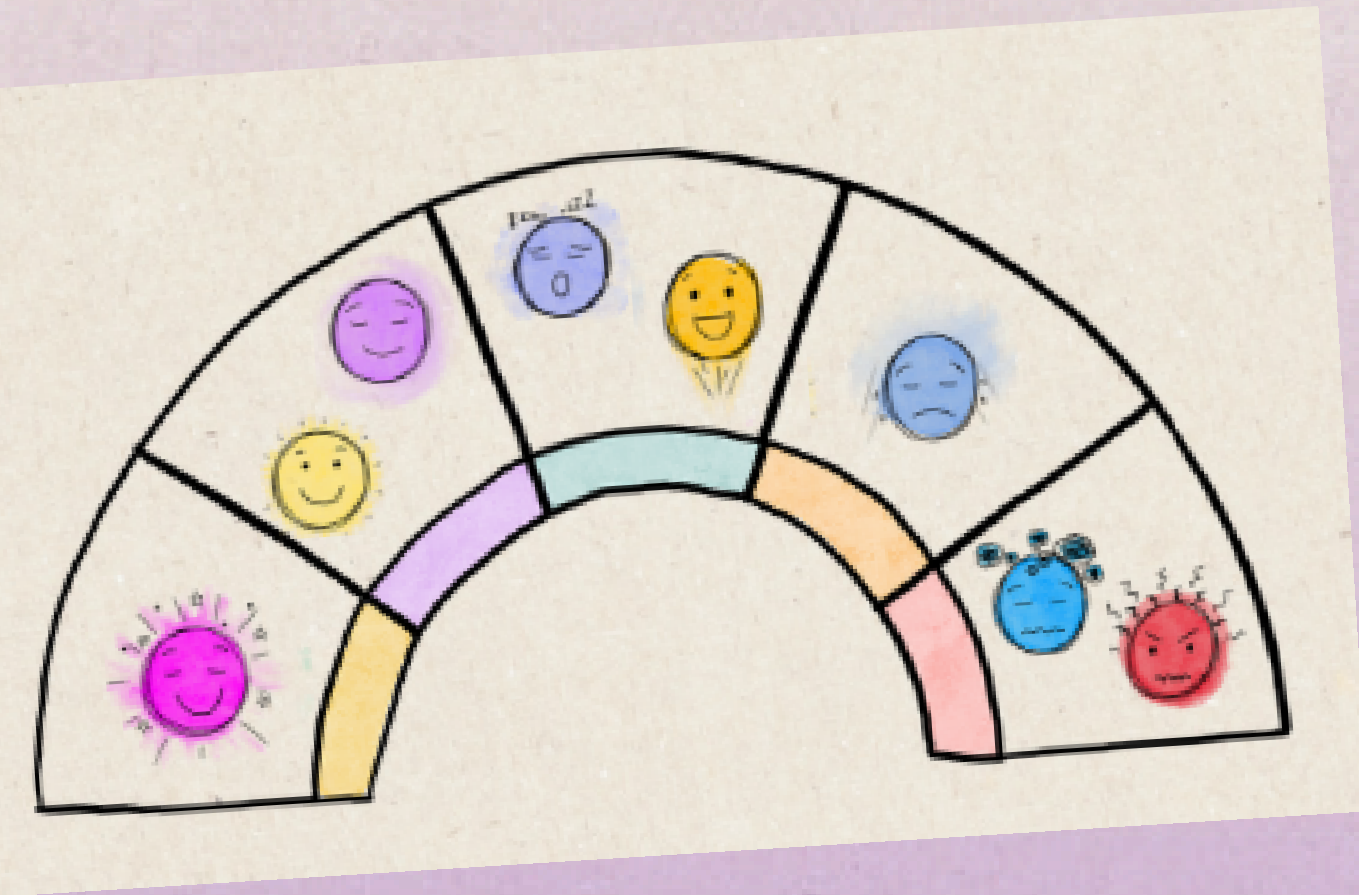
Managing behaviour on the spot

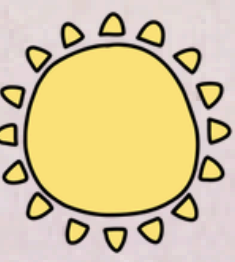


At Ellington...

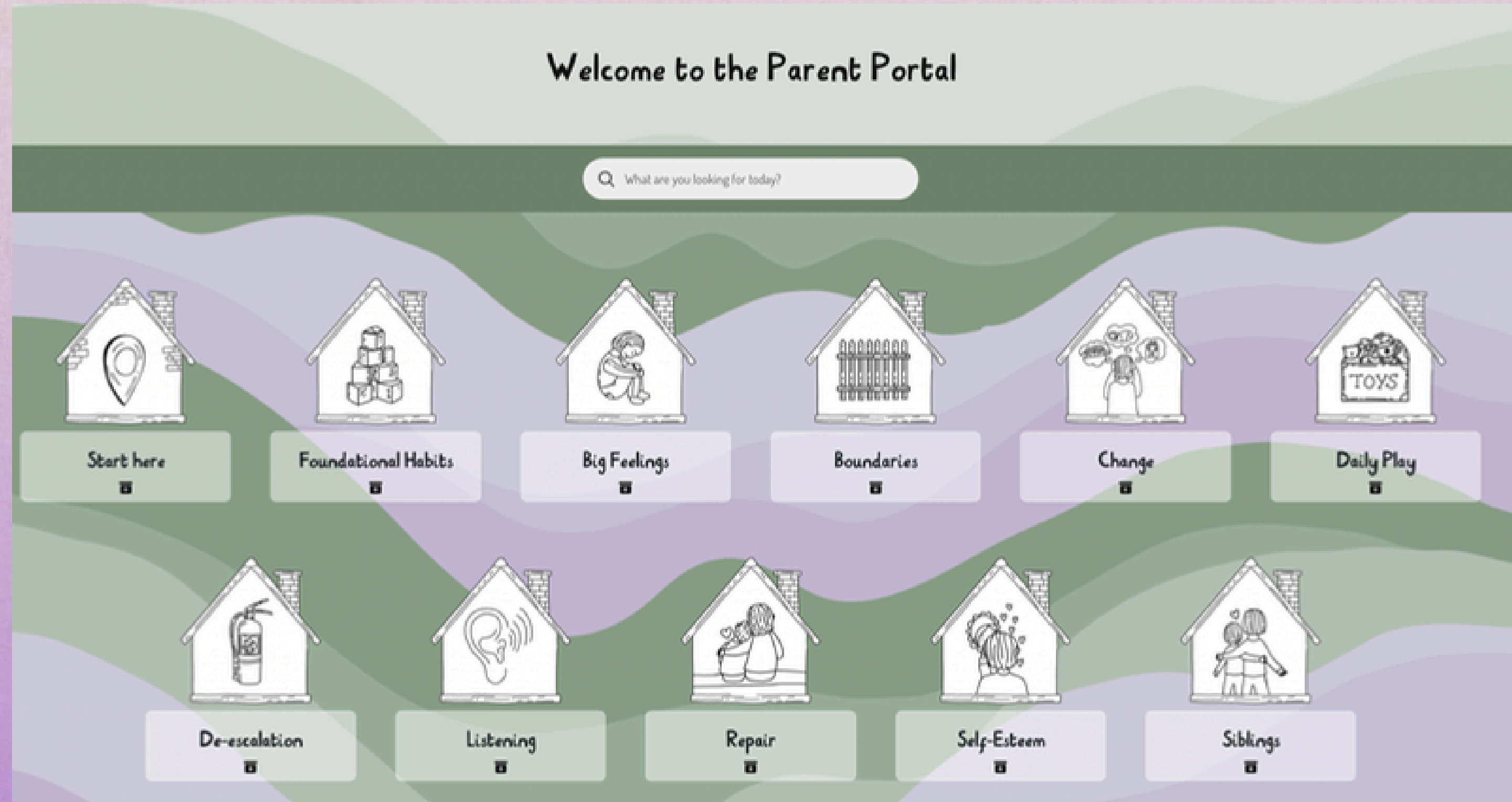


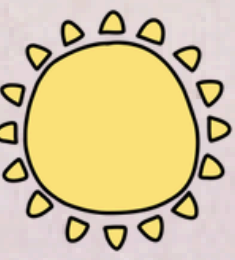
What you'll see in class





As a TGMC school you have access to...





I need to energise



I need to focus



I need to celebrate!



I need to connect



I need calm



I need help



I need downloadables





Grown-up area



Happy



Anger



Calm



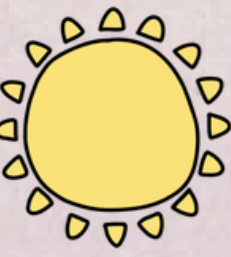
Worry



Pride



Sadness



What next?

Sign up to the parent portal!



Follow along



Instagram: @ellingtoninfants @goodmorningsfosterltd
@_thegoodmorningclub

Listen in to: Behaviour Besties